Texas
Pat Jasper and Dawn Orsak

A Celebration of Music, Food, and Wine
This program celebrates the music, food, and wine of every region of Texas. The National Mall will host demonstrations, performances, and famous Texas talk about the Lone Star State’s proud history and its contemporary traditions. Visitors will hear Texas blues, swing, conjunto, country and western, gospel, and Tejano (Texas Mexican) music; see demonstrations of wine making; and enjoy diverse culinary traditions—old and new—from barbecue to tamales, from chicken-fried steak to Vietnamese specialties.

Food and music have a special relationship to each other in the Lone Star State. Most Texans consider them the two most important ingredients in successful community celebrations and traditional family events. In fact, it would be unthinkable to have a crawfish boil without a band playing in the background or a watermelon festival without live music. Rodeos feature livestock and canning displays and present jam-packed lineups of musicians. When the Texas Czech ensemble, the Vrazels Polka Band, celebrated their fiftieth anniversary in 2003, women in the small surrounding communities cooked for days to feed the hundreds and hundreds of people who turned out for the special dance the band hosted.

Texas wine is a newer part of the equation, but its roots run deep into agricultural traditions brought to the state by Spanish, Italian, Czech, and other European immigrants. In contemporary Texas, a full-fledged, statewide industry relies on skill and the state’s terroir (climate, soil, and unique characteristics) to create some of the country’s finest wines. These days in the Lone Star State, you can find yourself enjoying the ultimate combo: a big glass of red, a plate of barbecue, and a blues band. Yep, that’s Texas. That’s heaven!
“You can’t hear American music without hearing Texas.” That’s the official motto of the governor’s Texas Music Office, and it is a startlingly true statement. This simple truism speaks to the diversity of Texas music, to its reach into the American musical landscape, and to its tremendous influence on blues, jazz, rock and roll, and country and western—music considered quintessentially American. Texas has a breathtaking sonic landscape: in part this is due to its unparalleled size among the forty-eight contiguous states, to the diversity of its early and newly arrived communities, to its shared 1,200-mile border with Mexico, and to its unique history as a republic. All of these elements contribute to the contemporary musical traditions of the Lone Star State.

With close to 25 million inhabitants, it is common sense that plenty of music making goes on throughout the small and large towns. Add to this the fact that Texas is home to more true urban centers than any other state in the country—yet boasts a significant rural population—and you know music styles will be bountiful. There are blues in Dallas, corrido traditions in small towns along the Texas-Mexico border, and fiddle bands at ranch dances in West Texas and the Panhandle.

But Texas is not just about largeness and largesse. While we Texans enjoy feeling as if we are a separate nation, the cultural and geographic reality of Texas is anything but self-contained. It is, in fact, a region of regions—a place where the arid Southwest, the spacious Central Plains, the verdant Upper and Deep South, the wetlands of the Gulf Coast, and the spare landscapes of Northern Mexico come together. In Texas, these different landscapes are home to distinct cultural communities and local industries. Early waves of immigration to the state, especially from Central...
Creole fiddler and accordionist Ed Pouillard crafts accordions in his home workshop. Photo by James Fraher

and Eastern Europe, have made for a heady ethnic mix. In Southern Anglo, African American, Tejano, German, Polish, and Czech communities, people still follow or adhere to traditional occupations and religious beliefs that inform the music Texans enjoy.

Without doubt, East Texas shares a Southern agricultural legacy built by Anglo landowners and African American slaves and laborers. South Texas—defined by the legendary Rio Grande River, which flows from Southern Colorado through El Paso and into the Gulf of Mexico at Brownsville—has a history in Greater Mexico. As you move into the vast stretches of arid land across West Texas, the Southwest’s ranching culture is noticeable in all aspects of life. Dallas is often characterized as a business town in contrast to its western neighbor Fort Worth, which champions its ongoing connection to cowboy culture and cattle drives. The culture and geography of the Gulf Coast, where piney woods meet wetlands, extend west of Houston well into Louisiana and Mississippi.

Thus, Texas’s music defies stereotypes. In fact, the closer you listen to the earliest Texas country, blues, or Tejano music, the more you hear the harmonies of the state’s different cultural and ethnic communities. The cross-pollination continues in contemporary Texas music in which conjunto artists play and sing classic country tunes in Spanish, country artists hit unexpected blues notes, rock and rollers cop the vibrancy of ethnic accordion licks to rev up their sound, and Texas singer-songwriters draw on it all to enliven their lyrics. This is the history of Texas music. This is the current state of Texas music. And this is exactly why people talk with presumptuous casualness about “Texas Music” in a way that no one speaks about the music of other states.

Accordions According to Texas

When it comes to naming the Texas state musical instrument—be it guitar, fiddle, harmonica or mandolin—you should never take sides. But facts are facts; it is the accordion that dominates music performed by and for communities that draw from distinctive and frequently non-English-language repertoires, including Czech and German polka music, Tejano, conjunto, Cajun, zydeco, and Creole music. In smaller and often more rural communities where resources are limited, a full band isn’t on hand, or the piano is poorly tuned, the accordion offers a versatile, available, and loud alternative.

Pieces played from sheet music provided a popular diversion for family and friends in early Texas. Songs about Texas were always a favorite. Photo courtesy Texas Music Museum
As such, a stroll through the musical landscape of the Lone Star State turns out to be anything but. In fact, a stroll in Texas usually becomes a waltz, a schottische, or a two-step when music is involved. This is telling because most Texas music incorporates dance, which sets it apart from other traditions. In the Lone Star State, social dance (where men and women dance together and usually touch) was historically far more common than it was in the American South. Most Texas music, with the exception of sacred music, was, and continues to be, spawned as dance music in informal locales, like ranches and church halls, or in entrepreneurial ones, like salones de baile and juke joints. Whether country, Tejano, polka, or the blues—dancing and dancehalls complete the Texas musical equation.

Even in small communities throughout Texas, it is not uncommon to find multiple musical and dance venues, each hosting a specific ethnic clientele and their preferred genre of music. On a Saturday night, in a town of 5,000, there could well be a zydeco dance at the church hall, a country and western dance at a local club, a Czech polka dance at a fraternal lodge, and a popular conjunto cranking out cumbias and redonvas for a swirling crowd of hundreds in a salon or cantina. These dancehalls and juke joints allow Texas musical traditions to influence each other; Texas musicians often say that their love of music flowered at an early age in these places. Frequently, when a club or venue was restricted through custom, prejudice, overt segregation, or the cost of admittance,
young musicians-in-the-making strained to listen outside a window or a backstage door. Through these cross-cultural and cross-generational sneak attacks, the many musical communities of Texas absorbed each other's repertoires, rhythms, and voices.

The musical story of Texas is multi-layered and many-faceted, and where you end up is usually determined by where you start. But let's be bold and begin with the type of Texas music best known to most—country and western. Country music in Texas is very much an outgrowth of the early musical traditions brought to the state by Anglo migrants from the Upper South, many of whom landed temporarily on the trek westward or permanently in East, North, and West Texas. In the lonesome settings of single farmhouses, small ranches, bunkhouses, and open-air trail drives, the tunes, songs, and traditional melodies that entertained an isolated family or a handful of cowboys became a country music legacy. Some of the earliest, most familiar expressions are cowboy songs originally collected by John Lomax in his youth and published years after during his stint at Harvard. Cowboy songs say a lot about Texas's musical roots because they combine the British tradition of balladry with the occupational traditions and lingo of ranchers and cowboys. But as Lomax himself noted, some of the finest singers he encountered were Black cowboys, who added a dash of blues shouting to the style, especially when they needed to move stubborn herds of cattle along dusty trails.

Ranch dances brought together neighbors from miles around to enjoy a little two-stepping to music provided by local musicians.

Photo courtesy Southwest Collection/Special Collections Library, Texas Tech University
Fiddle music was also part of the musical frontier in Texas. As Bill C. Malone notes in *Country Music, U.S.A.*, the fiddle was “...most favored by rural folk, for a long time the fiddle [was] virtually the defining instrument in country music.” In the early days, fiddlers, like the casual cowboy singers, performed for family, friends, and small gatherings. The fiddle was central to the ranch dances so prevalent in West Texas, where there were few nonchurch-related social and musical enjoyments. Out of this fiddle tradition comes Texan Eck Robertson, who is generally credited with the first commercial country music recording, a version of “Sally Gooden” released by the Victor Talking Machine Company in 1922. Over time, the fiddle became the centerpiece of early Texas country—from the romping and wide-ranging repertoire of the Light Crust Doughboys to the adventuresome Western swing of Bob Wills and the Texas Playboys, and Milton Brown and the Musical Brownies. Masters like Wills would sometimes pack the band with fiddlers, and the “twin fiddle” sound was de rigueur. The instrument’s presence in Texas country music still flourishes today in contest fiddling, swing, honky-tonk, or straight-ahead country. As the song (ironically by the non-Texan group Alabama) says, “if you’re gonna play in Texas, you gotta have a fiddle in the band.”

As a result of the world wars of the twentieth century, country music, like much of life in the state, began to change. People moved about, and families broke up due to the demands of military service and the concomitant shifts in the economy. Rural life gave way to jobs in cities and industries that offered greater financial promise. In a sense, modern life caught up with Texas country music. Towns like Houston, Dallas, and Fort Worth became hubs of Texas life and introduced an urban edge to the music, an edge that spoke, not to the nostalgia of the home place or the...
lonesome life of the heart-sick cowpoke, but to the crushing realities of separation, working on someone else’s clock, and partying hard after the clock stopped. As early as 1936, East Texan Al Dexter had a hit with “Honky-Tonk Blues,” the first song to use the term “honky-tonk” to describe hard living, hard drinking, and hard loving in a tough, modern world.

This is not to say that western swing didn’t address its share of contemporary and primal issues. Both styles shared the stage for a good period; the western swing repertoire was fluid enough to include pop and blues tunes just as readily as western ones. But the advent of honky-tonk really marked the shift to contemporary music. It also elevated individual artists who sang songs (often of their own composition) that came straight from their own experiences. The cheating, truck-driving, drinking songs that characterize this style originate in cowboy ditties and murder ballads, but their power lies in substituting the timelessness of the latter for the immediacy and urgency of the so-called “honky-tonk life.” From such heyday greats as Lefty Frizzell, Floyd Tillman, and George Jones to today’s Dale Watson and Junior Brown—honky-tonk lives in Texas country.

And this is due to the simple fact that Texas’s hefty country music history is one of innovation and renovation. Since the 1970s, movements as variously described as “progressive country,” “cosmic cowboy,” “outlaw” or “renegade,” and “alternative country” have attracted veteran artists and young upstarts, who have embraced, expanded, retained, and reinvented the representative genres. Examples include Willie Nelson’s sampling of traditional folk songs, Asleep at the Wheel’s update of western swing, George Jones’s return to hard-core honky-tonk, the Dixie Chicks’ acoustic offerings, and The Little Willies’ swinging renditions of classic country.

Some say that Texas put the “western” in “country and western music.” And while much of early country music in Texas has roots in the Southern United States, such as a shared repertoire of British folk songs and an affection for Anglo fiddling, there are important differences. In fact, Texas’s contributions to country often go unrecognized. For example, cowboy songs, swing fiddle, and early honky-tonk styles were developed in the Lone Star State and have had an impact on country music across the board.

And more than any other place, the Lone Star State borrows from its diverse ethnic communities to create a new sound. Mexican songs were turned into popular Anglo fiddle tunes; African American blues styles became ready parts of jazzy Western swing; and European polkas were regularly translated into country music dance standards.

“For the Sake of the Song”

“For the Sake of the Song” comes from a song by Townes Van Zandt, one of Texas’s finest songwriters. While many think the contemporary singer-songwriter phenomenon is a product of popular music, a different case can be made for songwriting in the Texas tradition. From early cowboy singers to contemporary guitar-toting troubadours, music in Texas has largely been defined by its lyrics. To reflect conditions of life on the range, ranch workers recast ancient tunes and familiar stories in new language to mirror their experience. With hindsight, we understand that the hard-drinking, heart-breaking, and truck-driving songs of Al Dexter, Lefty Frizzell, Floyd Tillman, Ted Daffan, and Cindy Walker chronicled the lives of Texans as the state’s population increasingly moved from rural to urban settings and from agricultural to nerve-wracking industrial jobs. Like Van Zandt in his time, today’s Texas tunesmiths transform life-driven stories, old and new, into song.

Austin: Are There No Limits?

In the popular imagination Austin is, without a doubt, the center of contemporary Texas music. The city doesn’t hesitate to spread this idea with a Texas-size boast, calling itself the “Live Music Capital of the World.” While other cities in the Lone Star State may legitimately debate the claim, there’s no denying that a town that gave birth to the “Cosmic Cowboy” scene of the mid-1970s and hosted the Austin City Limits television show for over thirty years has plenty of ammo for making such an assertion. The perception was cemented in folks’ minds with the institution in 1987 of South By Southwest, the single most successful music conference in the country. It attracts equal numbers of industry personnel and avid fans but always acknowledges its roots by including Texas talent and expertise in all of its showcases and presentations.
Of equal weight in Texas music is the blues tradition, which African American slaves and laborers brought to the state from the American South. Based on work songs, shouts, and hollers, blues expanded over the decades from a rural to an urban, from an acoustic to an electric, and from a guitar- to a piano-based tradition. To make a living, blues artists—sharecroppers and migrant workers among them—moved with their music from community to community. As the “race record” industry developed, the Texas blues tradition spread throughout the state and the nation, and Houston artists heard those in Dallas on the radio and the phonograph. Many blues artists and African American songsters shared their music in person through minstrel and tent shows that traveled the state, the South, and the Southwest.

This is especially notable because Texas was the birthplace or longtime residence of an awesome, perhaps unparalleled lineup of the most prestigious blues players and performers. One of the earliest and easily one of the most celebrated performers (then as now), was Blind Lemon Jefferson, who started by playing on street corners and in brothels. He recorded extensively during the late 1920s and may have been the most popular blues artist of the time. He influenced country and urban blues performers alike; his repertoire contained both sacred and very, very profane material. In a sense, his career presaged the diversity of Texas blues styles. Occasionally, he performed with Huddie Ledbetter (better known as Lead Belly) in the Deep Ellum district of Dallas. Lead Belly drew on Jefferson’s acoustic range and rural tradition. However, because Lead Belly was a younger artist who lived longer and found many important sponsors and promoters over the course of his career, contemporary music audiences tend to know him better.

A second generation of Texas blues artists included Lightnin’ Hopkins and Mance Lipscomb, whose very different careers embodied the diverse directions a musical tradition can take. Houston-based Lightnin’ Hopkins was clearly a fan of Jefferson’s style. He recorded prolifically and played for years on the so-called chitlin’ circuit of Black clubs and juke joints, which were standard venues for early blues artists. Hopkins started on acoustic guitar but switched to electric to reflect his own and his audience’s change in taste. Until Whites became interested in the blues, his audience was largely a Black one, and he had a substantial following. Mance Lipscomb of Navasota, Texas, on the other hand, played music in strictly informal settings for most of his life; only later was he “discovered” by blues aficionados. Though Lipscomb did not have a “professional” career in the blues until well into his sixties, his repertoire was no less wide-ranging and impressive. He performed mainly before White audiences who discovered the blues through the festival and folk club circuits.

Jefferson also had an enormous impact on T-Bone Walker. He encountered the younger musician when T-Bone was growing up in the Oak Cliff area of Dallas. At one time, Jefferson enlisted T-Bone to lead him to the street corners where the older artist plied his trade for spare coins. Walker cleverly combined what he learned from Jefferson’s aggressive guitar strumming with amplification techniques he learned from his onetime partner, the legendary jazz musician Charlie Christian (also a Texan). It proved a mighty recipe for popularizing the electric guitar in blues circles. Walker became one of the founders of urban electric blues and spread the sound through his successful recording career and his move from Texas to the West Coast. His innovations inspired a generation of remarkable Texas blues guitarists such as Pee Wee Crayton, Clarence “Gatemouth” Brown, Z.Z. Hill, Albert Collins, Freddie King, and Johnny Clyde Copeland—all nationally known musicians. But almost every town in Texas

In cities like Houston, Texas, there are still local clubs that serve up live blues for largely Black audiences. Photo by James Fraher
Blue Dallas
by Alan Govenar

The blues came to Dallas in the 1890s, brought by itinerant African American musicians fleeing the blighted cotton fields of East Texas. Of these musicians, the most seminal guitarist and vocalist was Blind Lemon Jefferson, born in 1893 in rural East Texas and discovered on a Dallas street corner. Considered one of the first folk blues singers on record, Jefferson made eighty recordings between 1926 and 1929 and was a profound influence on the blues musicians who followed him. From Lead Belly and Aaron "T-Bone" Walker to Stevie Ray Vaughan and Anson Funderburgh, Dallas has offered a hotbed of blues activity. Barrellhouse blues pianist Alex Moore, who made his first recordings in 1929, received a National Heritage Fellowship in 1987. Today, the House of Blues brings nationally known acts to the city, while R.L. Griffin’s Blues Palace in South Dallas still nurtures the blues in the African American community.


Houston’s House of Hits: Sugarhill Recording Studios
by Andy Bradley

The oldest continuously operating recording studio in Texas is nestled in a southeast Houston neighborhood that has over time been home to legendary producers, record labels, and artists, with staggeringly important releases. To kick things off in 1946, musician Harry Choates and producer Bill Quinn laid tracks for the Cajun classic “Jole Blon II” for Gold Star Records. Blues icon Lightnin’ Hopkins recorded with the label soon thereafter. For Pappy Dailey’s D label, George Jones cut “Why Baby Why?” in 1955; in 1958, the Big Bopper recorded “Chantilly Lace.” Willie Nelson, Bobby Bland, and Arnett Cobb have all used the studio. In 1965, the Sir Douglas Quintet made the classic “She’s About A Mover.” In the mid-1960s, Clifton Chenier recorded his first album there, and in the mid-1970s, Crazy Cajun producer Huey P. Meaux introduced Freddy Fender to the studio. Since the 1980s, Sugarhill has hosted Tejano artist Little Joe, country greats Johnny Bush and Ray Price, and urban powerhouse Beyoncé.

Andy Bradley is a co-owner and company historian at Sugarhill Recording Studios.
Despite the longstanding debate about the relationship of the blues to gospel music within the African American community, many Texas artists performed both. And the Texas African American gospel tradition certainly had its share of soloists, including Blind Lemon Jefferson, Sippie Wallace, and the lesser known but electrifying Blind Willie Johnson. However, the state's Black gospel scene has always been more noted for its quartet sound. The early vocal quartets often performed a cappella, while later ensembles preferred a feisty vocal style and relied on amplification to spark the Holy Spirit in church, concert, and record audiences. In the 1940s and 1950s, the center of Texas Black gospel was Houston, where the early Soul Stirrers and The Pilgrim Travelers sang. During this era, even the Austin-based Paramount Singers and the still-active Bells of Joy traveled to Houston to record on the Duke-Peacock label, which was owned by the first Black recording entrepreneur, Don Robey. Personal and family connections kept the Texas gospel sound alive, even in places like California, where many early Texas groups and individual artists moved and continued to perform. The Los Angeles-based Mighty Clouds of Joy were cofounded by Austin's Junior Franklin, whose father was one of the founders of the Paramount Singers, who now reside in Oakland, California.

The storied and still vibrant Texas Mexican tradition also distinguishes the musical riches of the Lone Star State from those of other parts of the South and urban America. A large, long-resident population of Mexican descent has influenced every aspect of Texas culture, including music. After all, the story-song style of the corrido is not that different from the cowboy ballad. And don't the twin fiddles of western swing evoke and in some ways echo the big violin sound of mariachi music? Isn't a polka still a polka, even if its lyrics are in Spanish and not in Czech or Polish? Somehow, however, the Tejano musical traditions have remained outside the mainstream and have been less appreciated than African American genres by the commercial recording industry. Clearly, this is largely the result of discrimination and linguistic
difference. Still, whether you speak of the corpus of canciones and corridos; the styles of orquesta and conjunto; the more contemporary, straight-out Tejano sound; or the politically oriented music of the movimiento, Tejano music both expresses and maintains a coherent cultural identity and community.

Tejano music comes from the banks of the Rio Grande, which forms the “border” between Texas and Mexico. Now so often thought of as a dividing line, it was, in fact, a meeting place for the Texas Mexican community. Women vocalists and instrumentalists played a large part in developing the repertoire from the 1920s through the 1950s. Lydia Mendoza, for example, was known for accompanying herself on twelve-string guitar. Artists, such as Lydia Mendoza, Chelo Silva, and Carmen y Laura popularized border music through performances, radio appearances, and recordings. Tejanas still follow in the footsteps of their female forebears; singers and songwriters such as Shelly Loves and Tish Hinojosa keep alive this vocal tradition.

Men (often with women as vocalists) dominate conjunto and orquesta, which were born and bred in Texas and the Southwest, respectively. Conjunto’s beginnings are generally associated with the 1936 recording of “La Chicharronera” by accordionist Narciso Martínez. The style combines two-row button accordion with the bajo sexto (a twelve-string guitar), an instrument that provides the rhythmic accompaniment unique to conjunto and replaces the bottom-sounding bass keys of the accordion. The conjunto repertoire is made up of an extraordinarily wide range of song styles and rhythms—including rancheras, polkas, waltzes, redowas, huapangos, schottisches, and cumbias. They reflect the Mexican and Central European traditions blended by Tejano accordionists from South Texas. Conjunto is always called la música de la gente (the people’s music); its roots in rural life and farm work are understood. Yet even the early style had an urban version, which was pioneered by artists such as San Antonian Santiago Jiménez Sr. Like so many other forms of Texas music, conjunto is dance music. Every Friday and Saturday night, there are dozens of conjunto dances in towns all over the Lone Star State. They feature artists such as Don Jiménez’s sons, Flaco and Santiago Jr., Mingo Saldivar, Eva Ybarra, Joel Guzmán, and Sonny Sauceda—to name just a few.

**Border Ballads: The Corrido Tradition**

The ballad is a story-song that puts poetry to music. Ballads exist in many cultural and linguistic traditions, but the Texas Mexican corrido is one with a special history in the Lone Star State. The publication of With His Pistol In His Hand: A Border Ballad and Its Hero, by Tejano scholar América Paredes, recognizes the corrido as a vibrant musical tradition that offers an alternative history and perspective on the struggles of the Texas Mexican community. Whether it is the story of an unjustly accused ranch hand seeking vindication, the exaggerated exploits of border smugglers, or the brags of a winning South Texas football team, the corrido carries news to the community.

For many Tejanos, mariachi music expresses the essence of Mexican identity. School-based instructional programs and ensembles, like this group of young musicians from Roma High School in the Rio Grande Valley, have especially fueled the genre’s prevalence in the state. Photo by Scott Newton
Orquesta, like conjunto, is dance music, but it requires, as its Spanish name indicates, a larger ensemble, driven by strings, reeds, and horns. It weds Mexican- and Latin American-inspired rhythms, such as the rumba, bolero, and cha-cha, with mainstream American dance-band styles, such as the foxtrot and boogie-woogie. The great masters of the genre Beto Villa and Isidro López, bandleaders in the “big band” sense of the word, understood that orquesta’s appeal lay equally in conventional American musical culture and the Tejano community’s ranchera roots. And while orquesta was considered a more sophisticated, or jaiteño (high tone) musical tradition than conjunto, it remained a very important vehicle for Texas Mexican identity, even as the genre became less elitist with the advent of straight-out, politically aware Tejano groups like Little Joe y La Familia, and Rubén Ramos and the Texas Revolution. This second and third generation of musicians combined big-band orquesta with consciousness of the Chicano movement. Consider Little Joe’s treatment of the traditional Mexican song “Las Nubes,” which is about a desperate young man who gazes at the approaching clouds and hopes for rain—and a new day. This well-worn song became an anthem of cultural empowerment for the Texas Mexican community. Tejano music, like all Texas music, renews itself while holding close its beloved heritage. Perhaps more important than claims of “influences,” “firsts,” and “innovations” of Texas music is a far subtler point: Texas music has always served to bridge the complex cultural identities of the region’s many residents. In the Lone Star State, if you are an Anglo, a Tejano, a Czech, or an African American—or even if you are a rancher, an oil worker, or a Southern Baptist—there are specific styles of music that entertain, articulate, and celebrate your heritage and experience. In contemporary Texas, the polka dance is alive and well. There are soul-riveting gospel services in countless communities every Sunday. Dancehalls throughout the state are filled with the sounds of Western swing and hard-core honky-tonk on Saturday night. And Texans take advantage of them all, often in direct relation to and as an expression of, a singular cultural identity that attaches to specific genres like conjunto, country, gospel, or polka.

Yet, through an affection for music that unabashedly embraces combinations of all of these styles, Texans also rejoice in being Texan and in their shared regional identity. You hear it in Tejano’s nod to country and in Texas country music’s fascination with jazzy, swingy elements that first arose in African American styles. You especially find it in completely contemporary styles of pop and rock—from Doug Sahm to Lucinda Williams to Los Super Seven to Norah Jones. That is simply because music in Texas has always been a means for diverse communities to communicate with each other—even communities that have not interacted directly with each other for decades or sometimes centuries because of physical distance, social difference, or, downright discrimination. By circulating tunes, passing on licks, exchanging genres, and borrowing stylings, the music has fostered an understanding of being Texan that transcends the time, the region, and the individual. And, you can dance to all of it!

Pat Jasper is a folklorist and the founding director of Texas Folklife Resources, a statewide nonprofit dedicated to preserving the folk arts and folklife of the Lone Star State. Since 2002, she has worked as an independent consultant, curator, and project director for a wide range of nationally noted festivals, museums, and documentation projects. She lives in Austin, Texas.

The longest-running concert series on national television, Austin City Limits, presents a broad spectrum of artists and celebrates homegrown music. The legendary Flatlanders performed on the show in 2002 for its twenty-seventh season. Photo by Scott Newton.
I was born in the months preceding the 1968 Smithsonian Folklife Festival, which featured my home state of Texas. Raised in the Houston area, I'm a fifth-generation Texan with a Czech and Polish background, who grew up eating kolaches (sweet pastries), strudels, sausage, and noodles at family reunions, church picnics, and holiday gatherings. I also spent countless weekends during junior high and high school at cook-offs where my dad's cooking team won awards for everything from barbecued brisket, chicken, and sausage to pots of chili, beans, and sauce. My parents were adventurous eaters and took my siblings and me to Kim Son and other Vietnamese restaurants owned by hardy, determined people who rode a wave of immigration to the Texas Gulf Coast in the 1970s. The very first Landry's Seafood House (now a national chain) opened on the edge of my suburban Katy neighborhood when I was thirteen. It introduced me to the joys of boiled crawfish and boudin (a spicy Cajun sausage) and reminded me just how close we were to Louisiana.

I ate whatever Texas bounty my modern hunter-gatherer family brought home, including the deer, quail, dove, duck, blue crabs, and flounder my father hunted or fished and the cucumbers, squash, tomatoes, beets, loquats, mustang grapes, dewberries, and persimmons my mother and grandmothers canned, pickled, or made into jams and jellies. I served as executive director of one of the state's oldest and largest wine and food festivals, which gave me a first-class education on the Texas wine industry. And, of course, we go through more tortillas at my house than loaves of bread because Tex-Mex is so delicious, accessible, and integrated into Texas cuisine that it feels like comfort food even to Texans with absolutely no Mexican heritage.

I give this glimpse of my very fortunate personal culinary history to illuminate the diversity of foods enjoyed every day in communities all over the Lone Star State. My experience reflects what many Texans eat. The question, "What is traditional Texas food?" has become more complex and interesting in 2008 than it was in 1968, due to cultural and demographic changes in the last forty years.
In 1968, the Festival focused on Texas barbecue, chili, tacos, and German horseshoe sausage. They well represented Texas's long, intertwined history with Mexico; the culture of the sizable German communities in Central Texas; and the state's dominance in cattle production. But the Festival only touched the surface of what Texans eat today. This huge state encompasses high plains, desert, gulf coast, mountains, and blackland prairies and produces foods as varied as grapefruit, shrimp, wheat, onions, pecans, oysters, rice, grapes, corn, and beef. Significant Mexican, African American, German, Cajun, Italian, Asian, East European, and Middle Eastern populations contribute to the flavors of Texas. The ranching, shrimping, fishing, wine, and technology industries likewise influence the Texas table.

Aficionados know Texas is blessed with many variations of barbecue, but they all require meat, smoke, and heat. Beef brisket may still be king, but plenty of other meats are barbecued. There are also differences in rubs, woods used for smoking, types of cooking pits, and kinds of sauces (if any) served. A visitor might find pulled pork cooked in a pit loaded with hickory at an African American family reunion in East Texas; pork, beef, and venison sausages in Central Texas Czech and German meat markets; barbacoa (cow head smoked in a pit dug into the ground) in South Texas; or beef ribs cooked on open pits on a West Texas ranch. Even traditional sides of pinto beans, potato salad, coleslaw, bread, tortillas, and sauce reflect regional and personal tastes.

All barbecue styles can be sampled at the state's hundreds of annual cook-offs. Texans also compete for the best gumbo, steak, pan de campo (or "cowboy bread," the official bread of Texas), chicken noodle soup, kolaches, and, especially, chili. Part cooking contest, part fundraiser, and part performance, cook-offs cross ethnic, regional, and gender boundaries. In the late 1960s, “Bowl of Red” became another nickname for the dish because of the color chili powder imparts to the stewed beef. Some of the best-known names in chili, such as chili-seasoning manufacturer Wick Fowler and columnist and chili promoter Frank X. Tolbert, were associated with the Original Terlingua International Championship Chili Cookoff. The championship, the “granddaddy” of cook-offs, started in 1967. The Chili Appreciation Society International sanctions more than 500 statewide cook-offs every year.

Pit manager Roy Perez slices barbecued brisket at the historic Kreuz Market, which was established in 1900 in Lockhart, Texas. Photo by Valentino Mauricio
Venison Black Bean Chili with Goat Cheese Crema and Slang Jang
From Stephan Pyles's cookbook New Tastes from Texas

CHILI

4 tablespoons olive oil
1 pound venison leg, well trimmed of fat and finely chopped
6 garlic cloves, finely chopped
1 onion, chopped
1 jalapeño, seeded and chopped
4 tablespoons ancho puree
2 chipotles in adobo, chopped
4 medium tomatoes, blanched, peeled, seeded and chopped
2 teaspoons ground cumin
1 quart chicken stock or vegetable stock, or more as needed to cover in cooking process
1 12-ounce bottle dark beer, such as Shiner Bock
1 cup black beans, soaked overnight and drained
1 teaspoon epazote
1 tablespoon masa harina
1 tablespoon chopped fresh cilantro
salt and freshly ground black pepper to taste

Heat the oil in a heavy stockpot or casserole until lightly smoking. Add the venison, garlic, onion, and jalapeño; cook over medium heat until the meat has browned, about 15 minutes. Add the ancho puree, chipotles, tomatoes, and cumin; cook for 10 minutes longer.

Add the stock and beer; bring to a boil. Add the black beans and epazote. Reduce the heat and let simmer for 1½ to 2 hours or until the meat and beans are perfectly tender, stirring occasionally. Add more stock throughout the cooking process, if necessary, to keep meat and beans covered. Whisk in the masa harina and cilantro. Season with salt and pepper to taste and garnish with Goat Cheese Crema and Slang Jang.

Yields 4 to 6 servings.

At hundreds of chili cook-offs all over the state, proud cooks offer passersby samples of their concoctions. Photo by Andy Reisberg

GOAT CHEESE CREMA

1 cup heavy cream
6 ounces fresh goat cheese, crumbled
2 tablespoons roasted garlic puree

Heat the cream in a small saucepan until just boiling. Place in a blender and slowly add the goat cheese and garlic, blending 2 to 3 minutes or until smooth. Serve at room temperature.

SLANG JANG

1 ear of corn, in husk
2 ripe tomatoes, seeded and diced into ¼-inch pieces
1 medium-size green bell pepper, seeded and diced into ¼-inch pieces
1 small onion, minced
2 stalks celery, peeled and diced into ¼-inch pieces
1 jalapeño, seeded and minced
2 teaspoons sugar
½ cup cider vinegar
2 tablespoons olive oil
salt and freshly ground black pepper to taste

Preheat the oven to 325°F.

Roast the ear of corn in its husk for 20 minutes. Let cool to room temperature and cut the kernels off the cob.

Combine corn and the remaining ingredients in a medium bowl; chill for 2 to 3 hours before serving. Serve chilled or at room temperature.
This one-dish meal was popularized in San Antonio—the veritable heart and soul of Tex-Mex cooking—in the late nineteenth and early twentieth centuries, when Mexican women, dubbed “chili queens,” sold it at their street stands. Houston food writer and cookbook author Robb Walsh calls Tex-Mex “America’s oldest regional cuisine.” By including meats and other ingredients more available in Texas and by catering to non-Mexican patrons of restaurants that started opening in the early 1900s, Mexican Americans shaped a unique, informal, and nourishing fare. It is now the state’s most influential cuisine; even dishes generally assumed to be Mexican, such as fajitas and nachos, are actually Tex-Mex creations. From simple breakfast tacos of scrambled eggs and chorizo sausage made by a grandmother for her family in Refugio to fried oyster nachos served at Nuevo Tex-Mex restaurants in Austin or Dallas, Tex-Mex’s prevalence cannot be overstated. Patricia Sharpe, food editor of Texas Monthly, wrote in a December 2004 article, “Once upon a time, we were part of Mexico, and if you look at what we like to eat, you would think we still are.”

In contrast to the seminal influence of Mexican cooking, Vietnamese cuisine is recent in its effect on the Texas table. After the fall of Saigon in 1975, a wave of refugees escaped to Texas, with another following in the late 1970s. Some found work in urban centers like Austin, Dallas, and, especially, Houston. Others settled in coastal areas, where the shrimping industry was similar to that of their homeland. Through ethnic shopping centers, restaurants, and celebrations of holidays and ceremonies, these communities maintain their traditional foods and heritage. Fresh vegetables and herbs, noodle soups, stir-fry dishes, and soy and fish sauces epitomize Vietnamese cuisine. Restaurants like Kim Son and Mai’s in Houston, frequented by non-Vietnamese diners, have fused traditional dishes with popular “Texan” items to create specialties like Vietnamese fajitas and fish tacos.

From the 1960s through the 1980s, many Cajuns (descendants of French-speakers who were expelled from Nova Scotia in the late 1700s) left southern Louisiana to take oil industry jobs on the upper Texas coast, especially in the “Golden Triangle” area of Beaumont-Port Arthur-Orange. Cajun cooking consists largely of stewed meats, seafood, and gravies combined with rice. Sharing a coastline, state line, and love of fresh seafood, Texans embraced Cajun specialties like crawfish etouffée, blackened snapper, and seafood gumbo. The online dining guide b4-U-eat.com lists more than seventy Cajun restaurants in the Houston area alone. Hurricane Katrina recently blurred the boundary between the two states even more—thousands of Louisiana refugees relocated to Texas and reinvigorated Cajun culture in the Lone Star State.

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### Pedernales River Chili

From Mrs. Lyndon B. "Lady Bird" Johnson

- 4 pounds chili meat (coarsely ground round steak or well-trimmed chuck)
- 1 large onion, chopped
- 2 garlic cloves
- 1 teaspoon ground oregano
- 1 teaspoon ground cumin
- 6 teaspoons chili powder (more, if needed)
- 1½ cups canned whole tomatoes and their liquid
- 2 to 6 generous dashes liquid hot sauce
- 2 cups hot water
- salt to taste

Place the meat, onion, and garlic in a large, heavy pan or Dutch oven. Cook over medium-high heat until light in color. Add the oregano, cumin, chili powder, tomatoes, hot sauce, and 2 cups hot water. Bring to a boil, lower the heat, and simmer for about 1 hour. Skim off the fat during cooking. Salt to taste.
The Vietnamese-owned Donut Palace in Port Aransas caters to the multicultural community of the Texas Gulf Coast by offering Czech kolaches (pastries), Mexican American breakfast tacos, southern donuts, and croissants, which reflect the French influence on traditional Vietnamese cuisine. Photo by Steve Orsak

In Dripping Springs in the Texas Hill Country, the Reyes family gathers a week or two before Christmas to make dozens of tamales for their Christmas Eve dinner. In the past, the family made pork tamales only, but as tastes changed, they added corn, cheese, and rajas (poblano peppers) tamales for vegetarian relatives. Photo by Ella Gant, courtesy Texas Folklife

Deb's Hot Rod Chili
From Debbie Ashman
2007 Terlingua International Chili Champion

2 pounds coarsely ground beef
8-ounce can tomato sauce
5-ounce can of beef broth

Mix the following spices for Step 1
1 teaspoon onion powder
2 teaspoons garlic powder
2 teaspoons beef crystals
1 teaspoon chicken crystals
1 tablespoon paprika
1 tablespoon Mexene Chili Powder
½ teaspoon cayenne
¼ teaspoon black pepper
1 package Sazon Goya

Mix the following spices for Step 2
1 tablespoon Mexene Chili Powder
1 tablespoon Hatch Mild Chili Powder
2 tablespoons light chili powder
1 tablespoon dark chili powder
¼ teaspoon white pepper

Mix the following spices for Step 3
1 teaspoon onion powder
1 teaspoon garlic salt
¼ teaspoon cayenne
¼ tablespoon Mexene Chili Powder
1 tablespoon cumin
“Original” Louisiana Brand Hot Sauce to taste

Cooking the chili:
1. Cook the meat over medium-high heat until light in color and drain the grease.
2. Slow boil the meat in the beef broth and one equal can of distilled water for 10 minutes.
3. Add Step 1 and medium boil for 60 minutes.
4. Add Step 2 and medium boil for 45 minutes.
5. Add Step 3 and medium boil for 15 minutes.

In last five minutes, taste for spiciness and adjust as required.
Although the modern Texas wine industry emerged in the last forty years, the state has a rich and colorful wine heritage that goes back 300 years. In the late seventeenth century, one hundred years before Californians or Virginians, Spanish missionaries planted grape vines near present-day El Paso to produce sacramental wines. Texas is perhaps the oldest wine-producing state in the Union.

European settlers from countries with well-established wine-making traditions brought their own grapevine rootstock in the 1800s. For many years, their small vineyards produced wine solely for home or local use. Later, under their influence and that of Texan T.V. Munson, a world-renowned horticulturist and authority on grapevines, grape culture expanded into a fledgling industry. By the early 1900s, the state boasted more than twenty commercial wineries.

The enactment of Prohibition in 1919 forced all but one winery to close, effectively wiping out the industry until the repeal of the Eighteenth Amendment in 1935. The lone holdout, Val Verde Winery in Del Rio, is now the oldest Texas winery. Established in 1883 by Italian immigrant Frank Qualia and still family-owned and operated, Val Verde is stronger than ever. But the state wine industry has continued to feel the effects of Prohibition; many of Texas’s 254 counties still enforce dry laws that inhibit the ability of growers to sell their wine or set up tasting rooms.

The revival of the Texas wine industry began in the 1970s with the founding of the Llano Estacado and Pheasant Ridge wineries in the High Plains, where farmers turned from cotton to grapes because they required less water and yielded more. By 1975, Lubbock, Fredericksburg, Fort Worth, and Fort Stockton were centers of viticulture. Grapes were grown throughout the state by the early 1980s; wineries naturally followed. Fueled by a long tradition of viticulture and experimentation, the Texas Agricultural Experiment Station and the University of Texas identified appropriate varietals and regions most conducive to growing grapes.

The worldwide interest in wines inspired some Texans to change careers in the late 1960s and early 1970s. Susan and Ed Auler became the first to plant vines in the Hill Country west of Austin and San Antonio, where they converted their cattle ranch into a vineyard after an eye-opening trip to the Bordeaux region of France. Initially, grape growers felt compelled to emulate France and California by importing vines and producing commercially accepted wines, such as Chardonnay and Burgundy. But much of Texas was not suited to the popular French and California wine varieties. By trial and error, Texas wine growers gradually began

(Upper) Brennan Vineyards in Comanche, Texas, grows Cabernet, Syrah and Viognier grapes, among others, for their award-winning wines. Photo by Bob Daemmrich, courtesy Texas Department of Agriculture

(Lower) Second- and third-generation owners of Val Verde Winery, Louis and Tommy Qualia, pose in the winery’s cellar in the 1970s. Frank Qualia founded Val Verde in 1883. It is the oldest winery in Texas and is still family-owned. Photo courtesy Val Verde Winery
Texas wines reflect “wide open places, a love of tradition, independence, and the joy that comes from being larger than life.”

to make the most of the state’s unique terrain and weather conditions. They focused in some areas on Mediterranean-style varietals similar to those of Italy, Spain, and southern France.

Today, the state has eight federally approved wine grape-growing regions, or “appellations,” from the Panhandle to the Gulf Coast. The Hill Country has become America’s second-largest viticulture area, while the High Plains and Far West regions have proved most productive. (Other areas have battled Pierce’s disease, black rot, and severe weather conditions.) Each region has its own terroir (climate, soil, and unique characteristics), enabling Texas, as a whole, to produce an unusually diverse group of varietals with unique flavors and vintages. Joshua Coffee of Llano Estacado Winery in Lubbock says Texas wines reflect “wide open places, a love of tradition, independence, and the joy that comes from being larger than life.”

Though many come from wine-making families, Texas grape growers and winemakers are generally considered mavericks, who stubbornly confront the elements, government regulations, and consumer tastes. They judge their success by sales, national attention to the industry, satisfaction with their own product, and the awards that Texas wines increasingly garner. Texas is now the fifth-leading wine-producing state in the nation; the industry employs about 8,000 people and contributes more than $1 billion annually to the state’s economy.

With their tasting rooms and picturesque atmospheres, wineries have become tourist destinations. Along with new immigrant communities, they are changing the culinary landscape of the state. They add a new dimension to the Texas dinner table and help expand the perception of Texas cuisine.

Dawn Orsak has spent the last fifteen years working in the areas of food and culture, first for Texas Folklife Resources and most recently as executive director of the Texas Hill Country Wine & Food Festival. She has curated over fifty foodways presentations and has been a presenter at the Smithsonian Folklife Festival and the Louisiana Folklife Festival, among other events.

**Further Reading**

**TEXAS MUSIC: A LIVING LEGACY**


**FROM CATTLE DRIVES TO WINERY TRAILS: FOOD AND WINE TRADITIONS IN THE LONE STAR STATE**


